

Stephanie's Sewing Studio

T-Shirt Blanket Supplies

A complete video tutorial is available on YouTube.



24-36 T-shirts

You can use any clothing: T-shirts, button down shirts, athletic jerseys, hoodies, dresses, sweat pants,... anything with a logo, words, pockets or pictures. Usually Adult-size Large will work if you only have 24 shirts. If you have medium or small adult-size shirts, you will need closer to 36.

Rotary Cutter, Mat and Quilting Ruler

I use a mat 36" x 36". My quilting ruler is 4" x 36". Can you use scissors? Yes, but I would not recommend it. I have tried it, and it is frustrating. I would call your quilting friends and borrow these items instead of using scissors.

Flannel for the back

You will need 6 yards of 45" wide flannel. Or 3 yards of 108" wide flannel, sometimes you can find this at a quilting store. Flannel is warm, soft, and huggable.

Sewing Machine

Scissors

Pins

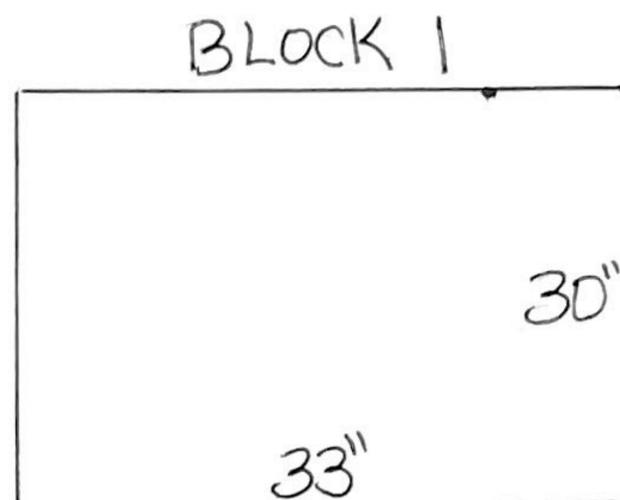
18" ruler

Batting for twin-sized blanket 72x90

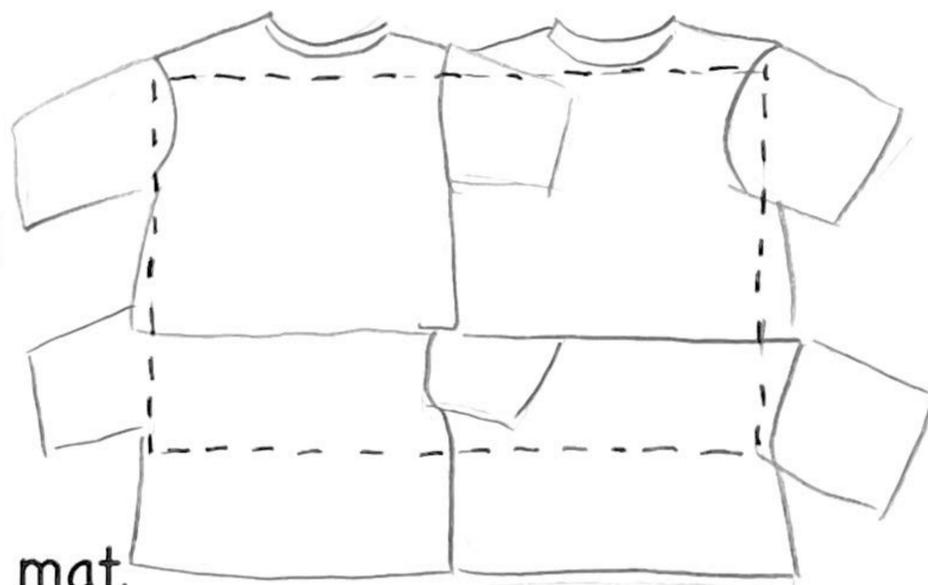
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T-shirt Blanket Instructions

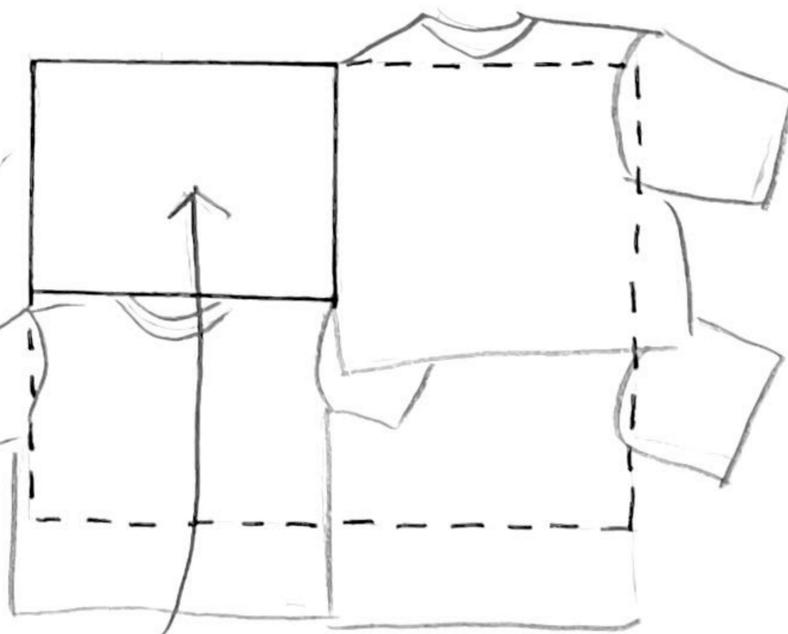
1. Create a rectangle pattern 33" wide x 30" tall. You will create 6 of these, using T-shirts, and assemble these 6 blocks to make the blanket top.



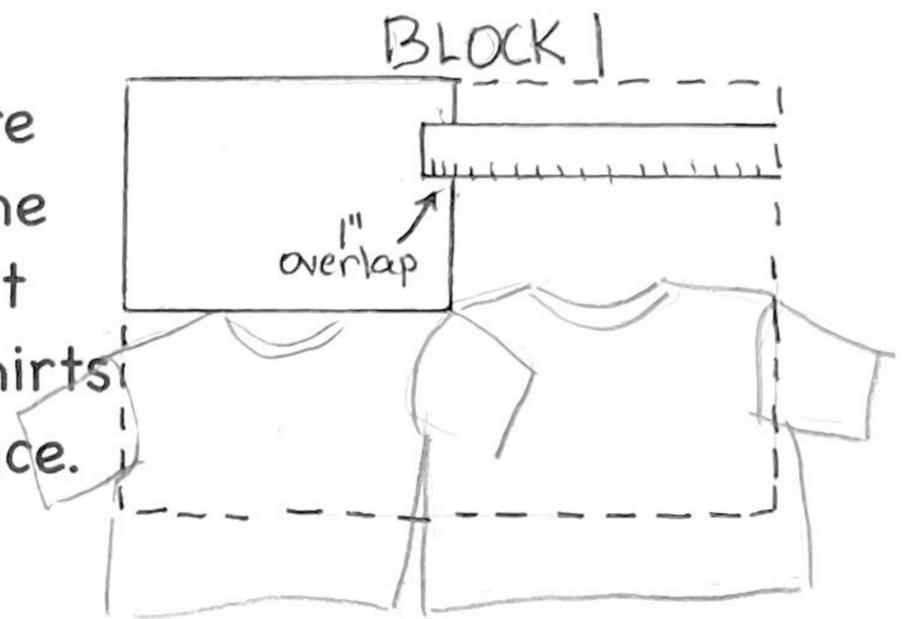
2. Put 4-6 T-shirts on your pattern that you think would look good.



3. Using a rotary cutter and mat, cut one of the T-shirts into a square/rectangle that fits the logo or design of the T-shirt. (For example, 17" wide x 16" tall). I like to leave 1.5" - 5" of blank space around the logo, centered as much as possible. Put the cut T-shirt on your pattern piece.

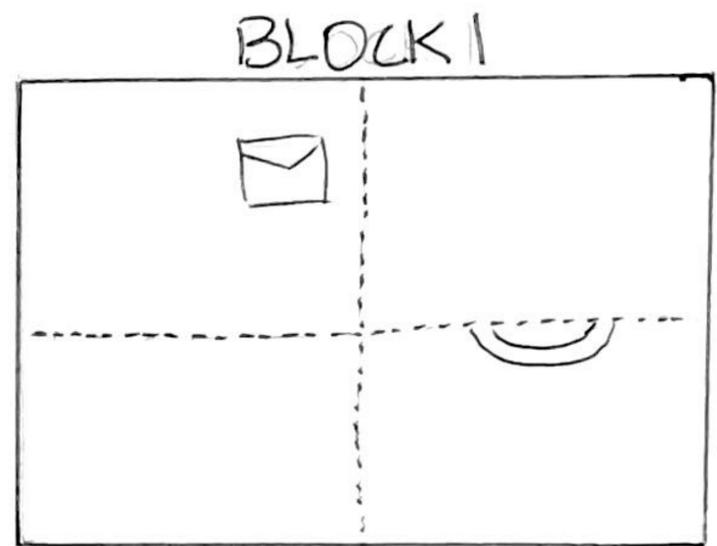


4. Select another T-shirt. Before you cut, measure the space on the pattern piece, and cut the T-shirt to the measured space.^{+ 1"} The T-shirts must overlap 1" for seam allowance.
(2.5 cm)



5. Sew these two pieces together

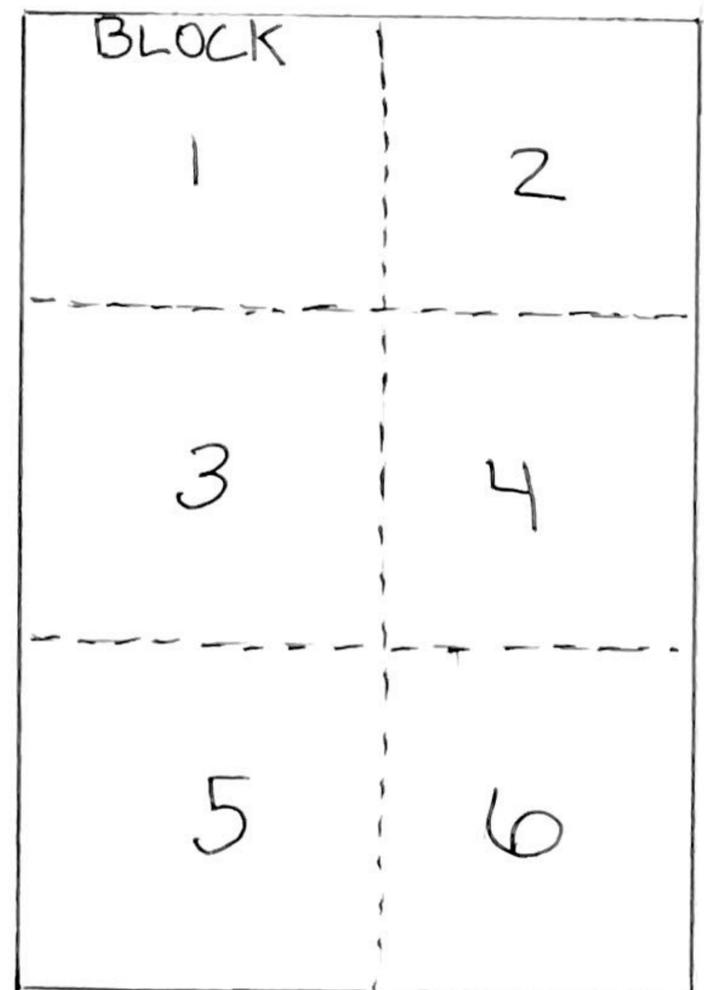
6. Cut the remaining 2 T-shirts to fill the rest of the space on your rectangle pattern. Always add 1" for seam allowance.



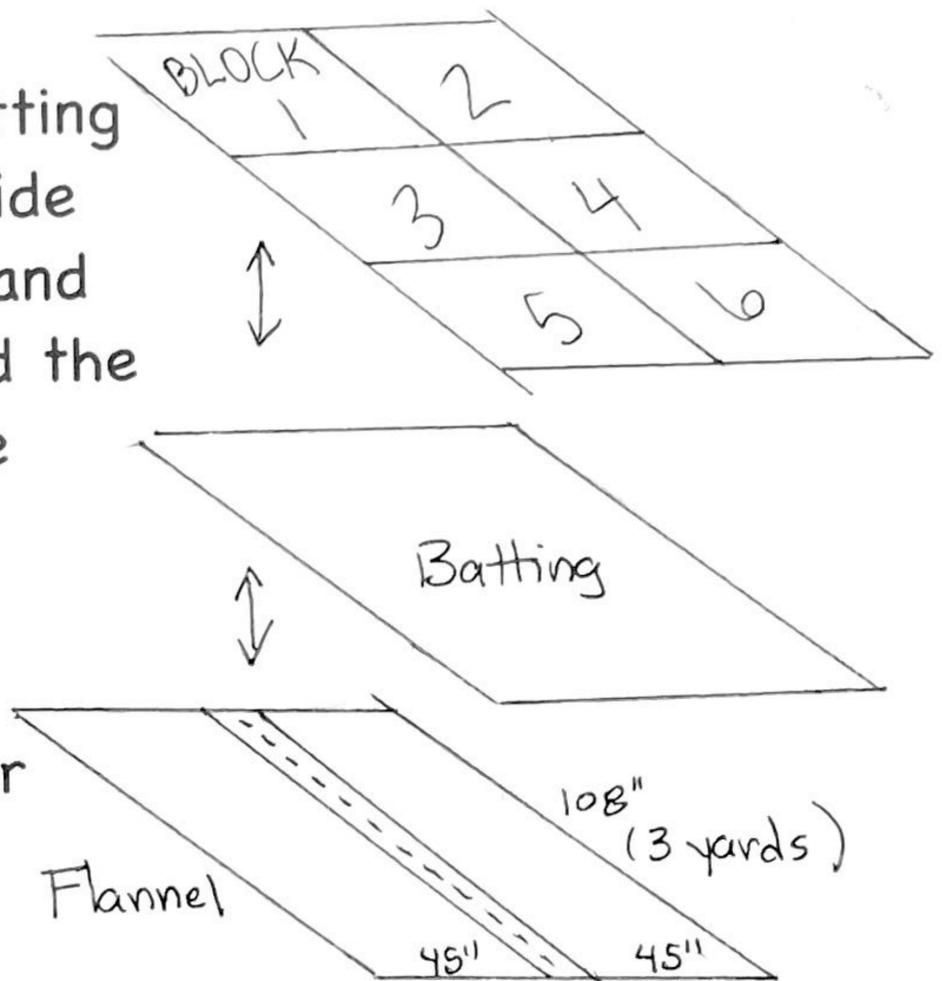
7. Sew all the pieces together to Finish your first block.

8. Repeat steps #2-#7 until all 6 blocks are created.

9. Put the 6 blocks on a table, bed, or floor and shuffle them around Until you like how the colors and Logos balance. Sew them together.



10. Assemble the blanket by putting The flannel on the floor, right side down. Followed by the batting and The T-shirt top. The flannel and the Batting will probably need to be Trimmed. Leave 1-2" of batting Longer and wider on all sides, than the T-shirt Top. And, leave 4-6" of flannel longer and wider than the T-shirt Top.



11. Fold the flannel twice to create a seam binding around all edges. Pin. Fold the corner of the flannel under the batting so you can make a nice mitered corner with the flannel. Pin.

Please see my video, this is too difficult to draw. ;)

12. Pin all the seams along the block Edges through all thicknesses.

13. Sew around the edge of the Blanket on top of the flannel Seam binding.

14. Sew on top of the seamed blocks Through all thicknesses.

